

# INTERVIEW WITH ADAM

## **What surprised or caught your attention the most about working as a sailing instructor in the U.S.?**

What surprised me the most was how kind people are in the U.S. Everyone in the club, from the parents to the kids and even the other instructors, treated me like family from the very first moment. The kindness and openness of people in this country was definitely something that stood out.

## **How was your experience teaching sailing in a different environment from your home country?**

It was a big change, but it was exciting. The biggest challenge was adapting to different sailing conditions, particularly the wind and the tidal shifts, which were quite different from what I was used to back home. But teaching kids who were always eager to learn made the experience rewarding. The U.S. sailing culture is also unique because there's a lot of emphasis on having fun rather than just competing, which made the teaching environment very relaxed.

## **What challenges did you face, and how did you overcome them?**

One of the challenges was teaching younger children who had very little experience on the water. I had to develop new ways of explaining things simply, and I had to be extra patient when the kids were nervous or scared. But over time, I found creative ways to make them comfortable, like games and exercises that allowed them to enjoy sailing while learning. Another challenge was adjusting to life in a new country, but the warmth of the people around me made it easier.

## **How has this experience influenced your career or personal growth?**

This experience has been a turning point in my life. It allowed me to grow both professionally and personally. Professionally, I feel more confident in my abilities to teach, communicate, and adapt to different environments. Personally, I learned how to connect with people from different cultures and backgrounds, and I feel that this experience has broadened my perspective on life.

## **Would you recommend this experience to other instructors? What would you tell them?**

Absolutely! I would recommend this to anyone looking for both personal and professional growth. It's a unique opportunity to not only improve your sailing skills and teaching techniques but also to immerse yourself in a completely different culture. It's an adventure that I believe anyone would benefit from.

## **How would you rate your experience with Work and Sail? What aspects of the program would you highlight?**

My experience with Work and Sail has been fantastic. They provided support at every step, from getting my visa to helping me settle in once I arrived in the U.S. The communication was clear and efficient, and I always felt like I had someone to turn to if I had any concerns. The professionalism of the team, combined with their dedication to making sure everything went smoothly, is something I really appreciated.